

Hombu Dojo Schedule from September 2023 - June 2024

Monday	Address
3:45-4:45pm St Christophers - Mixed Juniors	Haddington Road
4:00-5:00pm Cabra - Mixed Juniors	Parkside CC, Cabra
4:00-5:00pm Sandyford CC – Beginners - 9th Kyu Juniors	Lambcross
5:00-6:00pm Sandyford CC – 8th Kyu + Juniors	
5:00-6:00pm Drumcondra - Mixed Juniors	ABC Drumcondra
4:00-5:00pm Beginner Juniors	Ranelagh Dojo, Rear Cullenswood Pk
5:00-6:00pm 8th – 6th kyu Juniors	
6:00-7:00pm 5th kyu + Juniors	
7:00-8:30pm Adults Black & brown belts	
6:00-7:00pm Mixed Juniors	Monread Centre, Naas
7:00-8:00pm Adults + High Grades	
Tuesday	Address
4:00-5:00pm Marino CC - Mixed Juniors	Marino
5:00-6:00pm St Brigid's Hall, Stillorgan - Mixed Juniors	Stillorgan
4:00-5:00pm beginners to 9th Kyu Juniors	Ranelagh Dojo, Rear Cullenswood Pk
5:00-6:00pm 8th to 5th Kyu Juniors	
6:00-7:00pm Teens and High Grades - beginners welcome	
7:00-8:00pm Adults	
8:00-9:00pm Adults	
Wednesday	Address
10:00-11:00am Adults	Ranelagh Dojo, Rear Cullenswood Pk
3:15-4:15pm Terenure Badminton Centre Mixed Juniors	Whitehall Road
3:45-4:45pm St Christophers - Mixed Juniors	Haddington Road
4:00-5:00pm Irishtown Stadium – Beginners - 9th Kyu Juniors	Strand St: D 4
5:00-6:00pm Irishtown Stadium - 8th Kyu + Juniors	Ballyogan
4:00-5:00pm Samuel Beckett Centre, Ballyogan - Beginners	
5:00-6:00pm Samuel Beckett Centre, Ballyogan - Beginners	Ranelagh Dojo, Rear Cullenswood Pk
4:00-5:00pm beginners to 9th Kyu Juniors	
5:00-6:00pm 8th – 6th kyu Juniors	
6:00-7:00pm Mixed Juniors	
7:00-8:00pm Adults	
8:00-9:00pm Kumite mixed	
5:30-6:30pm Dalkey - Beginners	Dalkey Heritage Centre
6:30-7:30pm Dalkey - Colour Belts	
7:30-8:30pm Dalkey - Adults and Teens, and High Grades	
Thursday	Address
3:00-4:00pm Swan Leisure, Rathmines - Mixed Juniors	Rathmines D 6
4:00-5:00pm Booterstown Parish Centre - Mixed Juniors	Booterstown
4.45-5.45pm Terenure Sports Club (CYM)- Mixed Juniors	Terenure D 6 W
5:45-6:45pm Terenure Sports Club (CYM)- Mixed Juniors	Ballinteer, Dublin 16
6:00-7:00pm Wesley College - Mixed Juniors	
4:00-5:00pm beginners to 9th Kyu Juniors	Ranelagh Dojo, Rear Cullenswood Pk
5:00-6:00pm 8th – 6th kyu Juniors	
6:00-7:00pm 5th kyu + Juniors	
7:00-8:00pm Adults	
8:00-9:00pm Adults	
Friday	Address
3:00-4:00pm Raheny - Beginners	All Saints Hall, Raneny
4:00-5:00pm Raheny - Colour Belts	
5:00-6:00pm Mixed Juniors	Ranelagh Dojo, Rear Cullenswood Pk
6:00-7:00pm Adults and Kids	
Saturday	Address
10:00-11:00am Mixed Juniors	Ranelagh Dojo, Rear Cullenswood Pk
11:00-12:00pm Beginners to 9th kyu Juniors	
12:00-1:00pm Family Beginner Class & 8th – 7th Kyu Children & Adults	
1:00-2:00pm 6th - 4th Kyu kids and Adults	
2:00-3:00pm 3rd Kyu + kids and Adults	
3:00-4.30pm Competition Training	
11:00-12:00pm - Coolock Mixed Juniors	St Johns Hall, Coolock
11:30-12:30pm Terenure Badminton Centre - Mixed Juniors	Whitehall Road
1:00-2:00pm Tallaght – Mixed Juniors	Senshi dojo *
Sunday	Address
10:00am-11:00am Beginners to 5th kyu Adults and Children	Ranelagh Dojo, Rear Cullenswood Pk
11:00am-12:00pm 4th kyu and above Adults and Children	